

Understanding Autism Podcast



Planning the Future

by Nicole Kubilus

We need to be on the same page
So I can move to the next stage
Of life in a way not ridden
With emotional strife

During this talk, please attune
To my needs. I am not immune
To societal pressure. Heed
My values and boundaries

Expressed daily, nonverbally
By the ways I avoid the responsibilities
Of being an adult. Society
Isn't very accommodating

To people like me. I wish
We didn't debate my maturity
I know it's hard to communicate
On my level, and vice versa

Contrary to our temperaments
Please don't be my adversary
Be my ally, my accountability partner
Let's start over, talk as adults

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If you hear out my vision
I will show you the same respect
To foster a healthy connection
And come to an amicable decision

Yes, we'll be conflicted
By an imperfect compromise
As long as there's a roadmap
We shouldn't give a crap

About other people's journeys
I will follow my destiny
To ensure my motivation won't stall
Empathize with me for the long haul